



List of MERTIL for Parents Resources

Tip Sheets	Posters
CH 1 The importance of the early years	CH 1 Building trust and delight
CH 1 All behaviour is communication	CH 1 All behaviour is communication
	CH 1 Why trust matters
CH 2 The good enough parent	CH 2 The good enough parent
CH 2 Getting curious	
CH 3 Being present in the moment	CH 2 Repair
CH 3 Putting your child's experience into words	CH 2 Rupture and repair
CH 3 Challenging behaviour	
	CH 4 The trust dance
	CH 4 Managing feelings
Support Services Lists	

Tip Sheets	Posters
Australia-wide general health support services	
Australia-wide parenting support services	
Individual state parenting support services	
Combined list of parenting support services	